

Peak Phys Ed presents

Discovery

Register now!

**Friday 18th
February
2022**

**Australian Physical, Health and
Sport Education Conference**



Melbourne Cricket Ground (MCG) and National Tennis Centre (NTC), Melbourne, Australia

The Discovery conference entering its 13th Year in 2022 is the ultimate professional learning event in Melbourne focusing on innovative and evidence-based practice for teaching primary and secondary students in Health, Physical Education and Sport. If you are interested in high quality professional learning, with dynamic presenters within a world class facility then this is the conference for you.

In 2022 we have an incredible line up of academics, master teachers, mid-career teachers and young guns on the program. Every measure to ensure a COVID safe experience will be implemented and in the event of a change in delivery mode due to restrictions we are well placed to pivot and deliver all theory sessions virtually as per the highly successful 2021 conference. If we do pivot to an online mode of delivery, we will ensure each participant gains access to all recordings and resources for the conference. Although you can only attend four sessions on the day you will be able to access the resources for all sessions run during the conference.

The conference program focuses on the contribution Health, Physical Education and Sport make to student achievement, engagement and wellbeing in particular:

- Student centred pedagogies and creativity
- Meaningful integration of ICT in HPE
- Developing excellence in Teaching and Learning
- Student engagement and well-being
- Curriculum planning and assessment
- Personal and social learning

Discovery 2022 gives teachers from primary, secondary and special schools the opportunity to:

- Choose from 48 high quality elective workshops
- Across 12 parallel streams per session
- Engage in 4 interactive sessions throughout the day
- Access to a world-renowned presenter delivering a keynote address on the latest evidence relating to learning in physical education
- Participate in contemporary, inclusive and practical aspects of health, physical education and sport education.
- Access sessions tailored to the Australian Curriculum and the Victorian Curriculum, VET or the VCE study designs
- Access over 50 dynamic high-quality presenters who will showcase their expertise and knowledge of health education, physical education, physical activity, health and wellbeing and sport education
- Sessions designed and delivered by teachers from all sectors and academics from RMIT, VU, Deakin, Swinburne, Macquarie, Federation and Monash Universities.
- Participate in sessions in world class function rooms and physical activity spaces
- Access magnificent catering for a face to face conference (or all recordings if face to face presentations are not permitted on the day due to public health advice)
- Gain access to all electronic materials for all conference sessions

In the event of an online delivery mode delegates will be able to access:

- 4 interactive sessions throughout the day
- All recordings for the online conference and resources provided by presenters

A close-up portrait of Dr. Dean Dudley, a man with short brown hair and a light beard, smiling broadly. He is wearing a red and blue plaid shirt. The background is slightly blurred, showing what appears to be a classroom or office setting with shelves and posters.

Keynote Address

Dr Dean Dudley (PhD)

Teaching strategies that drive learning in physical education

UNESCO's Kazan Action Plan calls for physical education to be frequent, varied, inclusive, challenging, and meaningful for all students. This presentation unpacks the evidence supporting this premise of the Kazan Action Plan and draws on recent meta-analytic research showing high yield teaching strategies that teachers can utilise in achieving these objectives. It is the objective of this lecture to provide physical education teachers with the clarity needed to make informed pedagogical choices about their programs and the skills to advocate for quality physical education within their schools and systems.

Dr. Dean Dudley is a Senior Lecturer and Researcher of Health and Physical Education at Macquarie University. He is also an Adjunct Senior Fellow of The University of the South Pacific and an Honorary Associate Professor of the University of Queensland. Dr Dudley is a 2012 Churchill Fellow and was an Expert Consultant for the United Nations Educational, Scientific, and Cultural Organization's Quality Physical Education Guidelines for Policy Makers (2015) and the Kazan Action Plan ratified at MINEPS VI in 2017. In 2018, Dr Dudley was appointed as an Independent Specialist in Health and Physical Education by UNESCO's International Bureau of Education.

Dr. Dudley has held numerous funded grants, totalling more than \$1.4M in research grants and contracts as a Principal Investigator. He has published over 70 peer-reviewed publications since 2010. He currently serves on the editorial board of 'BMC Public Health' and is a Guest Editor of the 'Journal of Teaching in Physical Education' and UNESCO's education journal 'Prospects'. Dr. Dudley has a multidisciplinary program of research, involving physical literacy, school-health, learning assessment, physical activity, and nutrition. Broadly, he is interested in the association between health and education, with a specific interest in the role that learning plays in the health and quality of life of children. Internationally, he is recognised for his work in physical education, pedagogy, and physical literacy.

'Discovery' Physical, Health and Sport Education Conference Program 2022

	Elective 1 VCE PE	Elective 2 VCE PE	Elective 3 VCE /VET	Elective 4 Health Education	Elective 5 VCE HDD	Elective 6 Curriculum & Assessment	Elective 7 Innovations	Elective 8 Innovations	Elective 9 Innovations	Elective 10 Primary & Middle school PE	Elective 11 Game Sense	Elective 12 Sport & Wellbeing
7.45am-8.20am Registration												
8.45am-9.20am Introduction: Dr Amanda Telford & Rob Malpeli Directors of Peak Phys Ed Keynote address: Dr Dean Dudley – Teaching strategies that drive learning in physical education VCAA Update on Health, PE & Outdoor Ed Dr Rachael Whittle & Chris Clark												
Session 1 9.30am-10.35am (65 min)	A1 VCE PE Units 1&2 Engaging, student-centred physical activity ideas Tabitha Southey	A2 VCE HDD, PE & OES- School-based assessment: the teaching, the tool & the task Dr Rachael Whittle	A3 Planning, implementation & assessment considerations for VCE PE Units 3&4 Paul Seery	A4 Teaching and assessing healthy eating in the Victorian Curriculum F-10 Dr Leanne Compton	A5 Planning & assessment in VCE HDD Units 1-4 Sonia Goodacre	A6 Integrative 7 & 8 HPE lessons – does it work? Karri Butterworth	A7 Student-led approaches to fitness testing in junior PE (7-10) Dr Laura Alfrey & Ali Dowler	A8 A practical guide to using data to empower & inform teaching & learning in a room or now on zoom Thomay Nicolaou	A9 Running technique drills used by elite athletes to improve speed & efficiency Nev Down	A10 Oodles of noodles – activities for building communication, critical thinking, collaboration & creativity Kirsten Smith & Dr Amanda Telford PRAC	A11 Unpacking the game sense model/ideas for curriculum, pedagogy & assessment Ray Breed	A12 Teaching VCE PE Units 3 & 4 through soccer Iain Dickenson PRAC
10.35-11.00am Morning tea, networking and trade display												
Session 2 11.05am-12.10pm (65 min)	B1 VCE PE Unit 1 Engaging, student-centred physical activity ideas Karri Butterworth & Lauren Wynne	B2 Putting it into Practice VCE PE Units 3 & 4 Rob Malpeli	B3 Student success in VCE VET Sport & Recreation Airlie Tudhope & Shane Hart	B4 Student agency- The answer we have been looking for to achieve success in our VCE classes? (with a focus on HDD) Sonia Goodacre	B5 VCE Health & Human Development Units 3 & 4 Exam Review Katherine Jones	B6 F-10: Understanding the Victorian Curriculum for Health and Physical Education: what, how & why? Dr Rachael Whittle	B7 Teaching consent in secondary health education Claire Stonehouse	B8 HPE in a backpack! Mindfulness & Mental health strategies to maximise student engagement Trent Barker & James Hewsen	B9 Deeper learning through technologies Michael Ha	B10 Ensuring your striking & fielding unit is a big HIT! Andy Hair PRAC	B11 Game sense approaches to invasion games Ray Breed PRAC	B12 Be brave: incorporating 'contact' confidence & competence in physical education Craig Gurn & Tom Cosgrove PRAC
Transition to session C (10 min)												
Session 3 12.20pm-1.25pm (65 min)	C1 Ideas for participating in contemporary issues associated with physical activity & Sport (VCE PE U2 AOS 2) Chris Clark & Monique Sharp	C2 VCE Unit 3 AOS 1 can be Fun in the classroom – Teaching biomechanics through sport and pop culture Dr Evan Coventry & Paula Ranson	C3 Game show-based learning in VCE PE for Units 1-4 Rob Malpeli	C4 Current practices in Health education in Western Australia Emily Lockhart & Jennie Bickmore-Brand	C5 Meet the needs of all of your students- Differentiating in VCE HDD Units 1-4 Chrissy Collins	C6 Engaging units & curriculum mapping for 7-10 health and physical education Airlie Tudhope	C7 Getting creative in Physical education Dr Jacqui Peters	C8 Activities to build the social connection between students Shay Cosgrove	C9 The human body Investigated using innovative ICT Dr Carl Ridgeway	C10 Boost the engagement of your classroom – simple yet powerful games and energisers Andy Hair PRAC	C11 Game sense approaches to Net/wall games Ray Breed PRAC	C12 Well-being concert Nikki Visaj Movement PRAC
1.25-2.15pm Lunch, networking, trade display and prize draw (50 min)												
Session 4 2.25pm-3.30pm (65 min)	D1 Starting or consolidating your VCE PE Units 3 & 4 toolkit, planning and resources Jackie Bell- Warren	D2 VCE PE Exam Review Chris Clark & Rob Malpeli	D3 VCE strategies and tools aimed at simplifying the study design and preparing students for assessment/exam style questions in the lead up to exams Glen Widdicombe	D4 Let's get interactive 7-10 in health Chrissy Collins	D5 Helping our students conquer the HDD Units 3 & 4 exam Ash Mills	D6 Digital assessment in health & physical education Nerida Matthews	D7 Protect your kids – start a conversation before it's too late in health education Tasha Lawton	D8 Innovative literacy and numeracy strategies in secondary health & education Alexandra Pavlidis & Lara Tierney	D9 The integration & incorporation of "future" ICT in HPE for the real 21st century student: beyond another YouTube clip. Chris Roccisano	D10 Amaze balls- minor games & wet weather activities Eugene Pring PRAC	D11 Warm-ups, fitness games & game sense activities Airlie Tudhope PRAC	D12 Bounce into table tennis with Spineroos! Egon Loh & Alois Rosario PRAC



Session A

Elective descriptions 2022

A1

VCE PE Units 1 & 2 ideas & resources for teaching

This session will run through the various ways you can approach teaching VCE PE Units 1 & 2, this includes resources that you can apply and use in and out of the classroom, an overview of assessment requirements and approaches to how you can assess your students. If you are teaching Units 1 & 2 for the first time or need some ideas to freshen up your teaching or haven't taught Unit 1 & 2 in a while then this session is perfect for you.

Tabitha Southey

Canterbury Girls' Secondary College

VCE PE UNITS 1&2

A2

VCE PE, OES & HHD – School-based assessment: the teaching, the tool & the task

This session will help teachers in understanding the role that school-based assessment plays in the teaching of the key knowledge and skills and allowing students to demonstrate the Outcomes in VCE PE, OES and HHD. Teachers will look at the tools used to determine students' level of achievement and how a good assessment tool can be used across multiple tasks. Teachers will have the opportunity to ask questions, clarify understanding around SBA and ensure that their assessment practises in VCE reflect the intention of the study design and meet VCAA requirements.

Dr Rachael Whittle

Victorian Curriculum & Assessment Authority

VCE PE/HHD/OES

A3

Planning, implementation & assessment considerations for VCE PE Units 3 & 4

This session will provide you with timelines, practical and strategic resources and assessment ideas, for VCE PE Units 3 and 4. You will be provided with ideas and resources to implement into your setting/program.

Paul Seery

Bendigo Senior Secondary College

VCE PE UNITS 3&4

A4

Teaching & assessing healthy eating in the Victorian Curriculum F-10

This session will focus on resources that are available to support teachers to deliver healthy eating in the Victorian Curriculum F-10, focusing on content from both Design and Technologies and Health and Physical Education curriculum areas. Units of work and assessment tasks with rubrics will be explored along with discussing student work samples to demonstrate progression of learning.

A5

Planning & assessment in VCE HHD Units 1-4

This will be an interactive session where participants will be provided with some guidelines and resources to produce quality assessment tasks and then provided time to network and produce assessment tasks that can be used as formative assessments or SACs. You won't walk away empty handed as a range of sample assessment tasks will be shared with participants.

A6

Integrative 7 & 8 HPE lessons – does it work?

Are your 7 and 8 HPE lessons integrative or separated? We will explore the difference between integrative and separated units, share what we do at Luther College and discuss if there is a best or better way.

A7

Student-led approaches to fitness testing in junior PE (7-10)

This interactive workshop is designed to provide an opportunity for Health and Physical Education teachers (F-10) to reflect on both the educational purpose of fitness testing within their program, and the ways in which they teach through and about fitness testing. This workshop shares student perspectives on fitness testing, and asks participants to work collaboratively to redesign approaches to teaching through fitness testing that may better respond to student needs. Participants will leave the workshop with: i) clarity around the educational purpose of fitness testing in your program; ii) some possible alternatives to teaching through and about fitness testing in your school; iii) ideas about student voice can be amplified through HPE.

Dr Leanne Compton

Victorian Curriculum & Assessment Authority

HEALTH ED F-10 ASSESSMENT

Sonia Goodacre

Hazelglen College

VCE HHD UNITS 1-4

Karri Butterworth

Luther College

HPE 7-10

Dr Laura Alfrey & Ali Dowler

Monash University & Western Port Secondary College

HPE 7-10

A8

A practical guide to using data to empower and inform teaching & learning in a room or now on zoom

Teaching resilience and flexibility has never been more critical. Current changes in learning context has shed light on the importance of implementing effective tools to facilitate transitions into online learning, support quality sustainable teaching practice whilst maximising student voice, agency, learning engagement and assessment opportunities. Presented through a teacher empowerment tool box, you are certain to leave this session with practical ways of increasing your interactions with data, by creating immersive learning environments where students take greater ownership of their learning. With 'Connection' being a consistent theme, tools and tricks presented will have you and your students confidently developing deeper and meaningful learning connections in a room or on zoom!

Thomay Nicolaou[Lauriston Girls' School](#)

HPE 7-10

A9

Running technique drills used by elite athletes to improve speed & efficiency

What drills do elite athletes use to improve speed and efficiency? How can I incorporate drills into my classes?

Nev Down[Federation University](#)

PRAC PRIM & SEC PE

A10

Oodles of noodles - activities for building communication, critical thinking, collaboration & creativity

Running is an important and necessary component to nearly every sport, yet it is a skill that is rarely taught. Having and efficient running technique is paramount for increased running performance and to decrease the potential for injury. Nev Down as a lecturer and successful Level 4 Track and Field coach will share his extensive knowledge of correct running mechanics and will teach you five essential running drills that you can easily incorporate into your classes. Learn the why, what and how to develop good form through sprint drills and proper movement patterns.

**Kirsten Smith &
Dr Amanda Telford**[Mernda P.S. & Peak Phys Ed](#)

PE 3-10 PRAC

A11

Unpacking the game sense model/ideas for curriculum, pedagogy and assessment

Whether you are simply looking at ways to improve your current curriculum or completely restructuring, you will develop plenty of ideas around thematic units and where they could fit in the curriculum. A key emphasis will be exploring the content and methodology of game sense and discussing how it integrates into a practical PE sequence (focus predominantly on years 3-10), including how you can move from traditional sport-based to thematic game-sense curriculum. This theoretical session will investigate content, developing unit plans and assessment, with plenty of discussion and opportunity to share ideas.

Ray Breed[Swinburne University](#)

PE 3-10 GAME SENSE

A12

Teaching VCE PE Units 3 & 4 through soccer

In this session Iain will use one sport (soccer) that incorporates both units, AOS's and dot points of the study design. Practical ideas that teachers can use and take away using one sport to teach all areas of the study design. The concept is transferrable to other sports, depending on the teacher, students etc.

Iain Dickenson

[Luther College](#)

VCE PE UNIT 3&4 PRAC



Session B

Elective descriptions 2022

B1

VCE PE Units 1 Engaging, student-centred physical activity ideas

Are your students disengaged and fidgety within your VCE PE Units 1 lessons? In this session we will share ideas on how to promote physical activity in our Units 1 classes. Spice up your theory lessons with some applied learning activities from models to role plays, there is something for everyone in this session. This session will provide you with loads of ideas for teaching VCE PE Units 1 Area of Study 1 and 2 in addition to ideas for laboratories and practical activities to enhance learning and engagement.

Karri Butterworth & Lauren Wynne

[Luther College](#)

VCE PE UNITS 1&2

B2

Putting it into Practice VCE PE Units 3 & 4

Practical activities for each key teaching area of Unit 3 and 4 VCE PE. Rob will cover multiple practical suggestions for each week of the Unit 3 & 4 course.

Rob Malpeli

[Peak Phys Ed](#)

VCE PE UNITS 3&4

B3

Student success in VCE VET Sport & Recreation

You will explore innovative ideas for student success in VCE VET Sport & Recreation including: Practical experiences and assessments. Applying theory to real world settings and modifications for online learning.

Airlie Tudhope & Shane Hart

[Richmond Football Club](#)

VET SPORT & REC

B4

Student agency - The answer we have been looking for to achieve success in our VCE classes? (with a focus on HHD)

Student agency is an area of focus and potential growth for many schools, but what actually does student agency mean? How can we integrate student agency into the VCE classroom and will it promote student outcomes? These are some of the issues that will be explored in this session. A range of ideas and resources will be presented and participants will be challenged to design programs that go beyond student choice to promote true student agency in their classrooms.

Sonia Goodacre

[Hazelglenn College](#)

VCE HHD, PE & OES UNIT 1-4

B5

VCE Health & Human Development Units 3 & 4 Exam Review

The end of year Health and Human Development examination is a significant part of the assessment for the course. This session will break down the previous year's examination using the examiner's report and consider the high achieving responses. The session will also provide suggestions for learning activities to support students to develop the skills and knowledge required to successfully tackle the HHD exam.

Katherine Jones[Penola Catholic College](#)

VCE HHD UNITS 3&4

B6

F-10: Understanding the Victorian Curriculum for Health and Physical Education: what, how & why?

This session will provide early career teachers with greater understanding of the Health and Physical Education curriculum. Using a constructive alignment model, teachers will explore the curriculum content descriptions (what), teaching and learning activities (how) and assessment of the achievement standards (why). VCAA resources and support materials will be highlighted and teachers will be invited and encouraged to ask questions and share ideas.

Dr Rachael Whittle[Victorian Curriculum & Assessment Authority](#)

HPE F-10 CURRICULUM

B7

Teaching consent in secondary health education

ACARA is updating the curriculum to ensure consent is included explicitly. Teachers have often found it tricky to know how much and how far to go with teaching consent. We will talk rationale, so that you can advocate for consent education in your schools; resources, we'll point you in the right direction; and some new activities for your classrooms.

Claire Stonehouse[Deakin University](#)

7-10 HPE CURRICULUM

B8

HPE in a backpack! Mindfulness and mental health strategies to maximise student engagement

How to deliver your lesson when you are low on time, resources, and space. This session is focused on implementing practical activities that target mindfulness and mental wellbeing, strengthening neural connections and improving class engagement within a quality HPE lesson. You will be provided with a range of modern teaching strategies and activity recommendations that can be implemented in any HPE class in both Primary and Secondary settings. Trent and James are part of our young gun presenter program.

Trent Barker & James Hewsen[Preston Secondary College](#)

HPE 3-10 WELLBEING

B9

Deeper learning through technologies

As we move through this decade, we will continue to be challenged by the fast pace of technology adoption in an increasingly interconnected and complex world. The rapidly changing technological world in which our children are growing up is a vastly more complex one than previous generations. Information on any given topic is now freely available. Our ability to visually communicate with people, anywhere and anytime, is available at our fingertips. This session explores the notion of deeper learning and how to design rich learning experiences for all learners with the aid of technologies. Putting learning at the forefront of the classroom and making technologies invisible, the session will go through tools which foster creativity, collaboration, and problem solving. Participants will walk away with strategies to create learning and teaching with endless possibilities, frameworks for teams to dig deep into the concepts that are most pertinent to them, and personalised, innovative tools to capture rich professional discussions.

Michael Ha[Hillcrest Christian College QLD](#)

ICT/ENGAGEMENT HPE

B10

Ensuring your striking & fielding unit is a big HIT!

This session will see delegates unpack the fundamentals of striking and fielding at the senior primary and high school levels. As an active participant you will get hands-on guidance to streamline your unit of work with a strong focus on developing the understandings of all learners at their level of engagement. The use of HIT strategies to focus learning will leave delegates with an arm full of resources and a fresh approach to this game sense unit.

Andy Hair[Leopold Primary School](#)

PE 5-10 PRAC

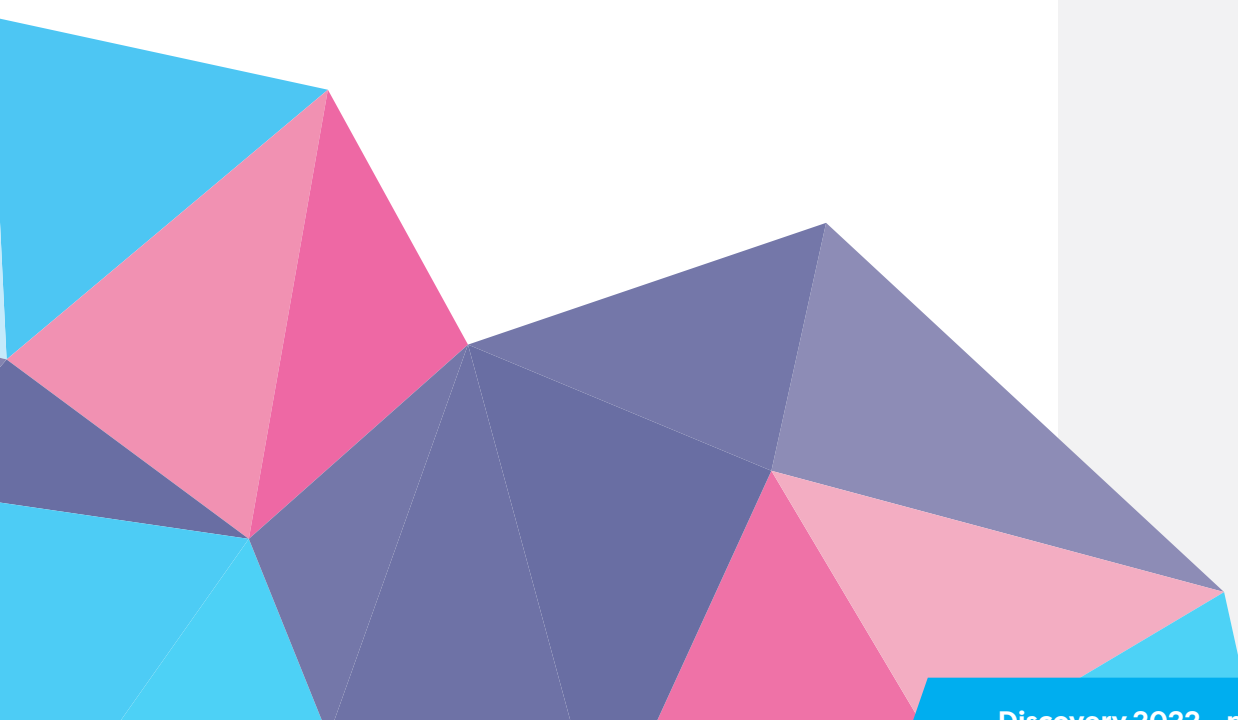
B11

Game sense approaches to invasion games

We will practically explore a game sense methodology using a thematic invasion games approach. There will be a focus on both content, through the use of small-sided modified games, and pedagogy, demonstrating the link between key outcomes, task constraints and questioning. Come along ready for plenty of activity, practical ideas and discussion. This session is suitable for both primary and secondary PE teachers. This session can be completed in isolation or combined with the other sessions in the game sense suite.

Ray Breed[Swinburne University](#)

PE 5-10 GAME SENSE PRAC

**B12**

Be brave: incorporating 'contact' confidence & competence in physical education

QLD HPE teachers often scratch their heads hearing interstate peers talking about how 'rough' rugby (league or union) is. "Have you not really considered contact in AFL?" is often my response. The reality is many invasion sports like netball, soccer, basketball, and lacrosse to name a few, incorporate combat spatial and postural positioning skills. As HPE teachers we know that all sports can be incorporated safely with full planning and consideration. Thus, be brave and use the AC: HPE curriculum to shape your learners' contact confidence and competence with help from this practical session focusing on scaffolded athletic combat skills.

**Craig Gunn &
Tom Cosgrove**

Grass Roots Consulting QLD

PE 7-10 PRAC



Session C

Elective descriptions 2022

C1

Ideas for participating in contemporary issues associated with physical activity & Sport (VCE PE U2 AOS 2)

Common topics of conversation raised around the VCE Physical Education 'drink cooler' are; 'How do I bring Unit 2 to life?' and 'What experiences can I offer to enhance engagement in Unit 2?'. This session aims to answer both questions by provoking thought around the methods in which meaningful practical activities can be used to enhance student understanding. Delivered by teachers working collaboratively in two different school settings, this session will focus on the varied ways in which accessible practical activities can complement AOS 1 and inform the delivery of contemporary issues in AOS 2.

Chris Clark & Monique Sharp

Victorian Curriculum & Assessment Authority & Melbourne Girls Grammar School

VCE PE UNIT 2

C2

VCE Unit 3 AOS 1 can be Fun in the classroom – Teaching biomechanics through sport & pop culture

Do you watch sport and reality TV shows, such as Survivor, and try to predict who is going to win? How can biomechanical concepts be used to predict who has the best chance of winning? This session will focus on Unit 3, AOS1; specifically how teachers can use vision and examples from sporting events, reality TV and pop culture, to explain biomechanical concepts. Video clips, photos and practical examples will be provided that promote discussion of Newton's Laws and assist students in applying these laws to different contexts.

Dr Evan Coventry & Paula Ranson

Melbourne Grammar School

VCE PE UNIT 3

C3

Game show- based learning in VCE PE for Units 1-4

Rob will take teachers through multiple engaging and fun 'game show-based strategies' that can be used in VCE PE classes throughout the year to assist student learning, application and revision. These can be used as either diagnostic or formative assessment as a significant part of the learning journey.

Rob Malpeli

Peak Phys Ed

VCE PE UNITS 1-4

C4

Current practices in Health education in Western Australia

This presentation will share the results of a grounded theory qualitative study involving one-on-one online interviews with 23 secondary school Western Australian Health Education teachers in 18 schools, conducted in 2020–2021. Content analysis was used to examine the teacher's experiences as they implemented the new WA HPE curriculum and described their worldview, personal beliefs, knowledge and classroom practices. Discussion-based pedagogy was the most preferred teaching method described by the teachers in this study, together with a strong inclination toward student-centred learning and the use of a social constructivist approach. Teachers describe the main purpose of Health Education to be ensuring students can make healthy and safe choices and ultimately live a healthy lifestyle. This study suggests teachers do not have adequate time allocated to the delivery of Health Education in schools to effectively utilise student-centred and constructivist approaches.

C5

Meet the needs of all of your students– Differentiating in VCE HHD Units 1–4

We all teach a range of students, different learning styles, different abilities. In this session we will focus on different activities and strategies to differentiate VCE HHD in your classroom.

C6

Engaging units & curriculum mapping for 7–10 health & physical education

In this session you will gain an understanding of how to map your curriculum and modify it in order to meet the 7–10 Health & Physical Education curriculum. You will be provided with tips to make your program more engaging and tools to ensure all curriculum requirements are met. You'll be provided with ideas and resources including unit outlines, assessment tasks and rubrics.

C7

Getting creative in Physical education

The positioning of the teacher as the expert happens often in the teaching of games in PE. Creative PE (CPE) draws on the naturally creative ideas and skills of students (as is evident in any schoolyard) to take on that role, yet maintains a strong focus on achieving curriculum outcomes through developing students' skills, strategies and personal and social responsibility. This session will guide PE teachers (or generalist teachers) through the CPE pedagogical model that has proven engaging in both primary and secondary schools.

Emily Lockhart[Alphacrucis College WA](#)**Jennie Bickmore Brand**[Alphacrucis College VIC](#)

HEALTH ED SECONDARY

Chrissy Collins[Thornbury High School](#)

VCE HHD UNITS 1–4

Airlie Tudhope[PE Made Easy](#)

HPE 7–10 CURRICULUM

Dr Jacqui Peters[Deakin University](#)

PE 3–10 CREATIVITY

C8

Activities to build the social connection between students

COVID has been isolating for our students. In this session, delegates will participate in fun, inclusive, and engaging activities that can be used either in a pastoral care context, as a classroom activator or in a practical class to connect students to one another. The goal is for educators to build their repertoire of interactive activities that develop student's initiative, problem solving, communication, creative thinking, and awareness of what is common to one another rather than what is different. Students who feel connected and safe can maximise their learning. Let's build the connection first before exploring content.

Shay Cosgrove

Flinders Christian Community College

HPE 5-10

C9

The human body Investigated using innovative ICT

Compliment the use of your textbook with a range of practical and interactive ICT activities to teaching about the human body. This session will provide a range of activities; from a few fun, easily accessible ideas, through to the use of a 3D visual product that is an engaging way to introduce or reinforce knowledge. As a hands-on, interactive session, participants will need access to a smartphone or tablet to engage with some of the various activities.

Dr Carl Ridgeway

RMIT University

HPE 7-12 ICT

C10

Boost the engagement of your classroom – simple yet powerful games & energisers

Whether you are in a classroom, out in the school yard or even at a sports day these games are sure to energise your students and create stronger connections and understandings within. Andy Hair will share with you as many games as he can within the allocated time. Come with your energy and leave with the passion to connect!!

Andy Hair

Leopold Primary School

PE 2-10 PRAC

C11

Game sense approaches to Net/wall games

In this session Ray will showcase an array of net/wall game sense activities you can incorporate into your physical education program. This session can be completed in isolation or combined with the other sessions in the game sense suite.

Ray Breed

Swinburne University

GAME SENSE PRAC

C12

Well-being concert

Our instructors come to your school to help create the ultimate mind-body experience for your students – combining passionate dance energy, collaborative fitness fun and irresistible rhythms with the calm, relaxing winding-down energies of mindfulness. In a concert format, our energetic instructors will lead you through the 1-hour session, creating an unforgettable experience that you can book for your students.

Nikki Visaj & team

Nikki Visaj Movement

PE 3-10 PRAC



Session D

Elective descriptions 2022

D1

Starting or consolidating your VCE PE Units 3 & 4 toolkit, planning & resources

Good teaching = theft + tweaking! This session will be a long-timer's 'heads up' for those either new to or seeking consolidation with teaching the current Units 3 & 4 PE study design. Ideas for practical, formative and SAC tasks will be shared along with tried and trusted teaching tips and resources.

Jackie Bell-Warren

[Sacred Heart College Geelong](#)

VCE PE UNITS 3&4

D2

VCE PE Exam Review

The end of year physical education examination is a significant part of the assessment for the course. This session will break down the previous year's examination using the examiner's report and consider the high achieving responses. The session will also provide suggestions for learning activities to support students to develop the skills and knowledge required to successfully tackle the PE exam. Delegates are encouraged to bring a copy of the 2021 exam and examiners report.

Chris Clark &

Rob Malpeli

[Victorian Curriculum & Assessment Authority & Peak Phys Ed](#)

VCE PE UNITS 3&4

D3

VCE strategies and tools aimed at simplifying the study design & preparing students for assessment/exam style questions in the lead up to exams

This session will focus on VCE strategies and tools aimed at simplifying the study design and preparing students for assessment/exam style questions in the lead up to exams.

Participants are asked to bring along tasks they have previously developed, a copy of the study design and an open mind ready to collaborate!

Glen Widdicombe

[Kolbe College](#)

VCE OES, HHD & PE ASSESSMENT

D4

Let's get interactive 7-10 in health

BYO laptop this will be a hands-on session! We will play and explore a range of interactive online resources and programs that you can see today and use tomorrow in your Junior Health program. Taking digital capacity beyond Kahoot and Quizlet, focusing in student engagement and outcomes.

D5

Helping our students conquer the HHD Units 3 & 4 exam

As HHD teachers we are always looking for new and innovative ways to improve student performance in their end of year exam. In order to do this, we need to increase the subject specific vocabulary of each of our students and ensure they know how to respond to questioning words and of course marks allocated for each question, along with knowing how to tackle data questions, case studies, infographics and the much feared extended response questions. In this session we will look at a few ways to improve this and tap into the collective genius in the room to share ideas, resources and strategies that have worked in the past to maximise student performance.

D6

Digital assessment in health & physical education

Are you looking for new ways to assess student learning in relation to the HPE Victorian Curriculum? The VCAA has developed a range of HPE assessment tasks as part of the Digital Assessment Library (DAL), which offers free, high quality online classroom student assessments, designed to provide teachers with meaningful and timely information about student learning and progress. This session will include an overview of the DAL and the types of assessments available for HPE; along with how the results can be used to improve student learning.

D7

Protect your kids – start a conversation before it's too late in health education

You can no longer afford to avoid talking to your students about alcohol, consent, drugs, eating disorders, gender-based violence, periods, sex, sexuality and suicide and self-harm. Mental health issues in young people are skyrocketing and believe it or not, with the right language and the right evidence-based approach, you can help. Come and find out how to get comfortable with the uncomfortable.

Chrissy Collins[Thornbury High School](#)

HEALTH ED 7-10 ICT

Ash Mills[Penola Catholic College](#)

VCE HHD UNITS 3&4

Nerida Matthews[Victorian Curriculum & Assessment Authority](#)

HPE 5-10 ASSESSMENT

Tasha Lawton[Talk Revolution](#)

HEALTH ED 7-10

D8

Innovative literacy & numeracy strategies in secondary health & education

This session aims to provide teachers with some fresh and creative strategies that will assist incorporating literacy and numeracy within Health and Physical Education teaching. As a general capability that assists students both in school and throughout life, this session will support embedding literacy and numeracy into your HPE classes. Lexi and Lara are part of our young gun presenter program.

Alexandra Pavlidis & Lara Tierney

[Doncaster Secondary College](#)

HPE 7-10

D9

The integration and incorporation of “future” ICT in HPE for the real 21st century student: beyond another YouTube clip.

In this session we will explore the integration and incorporation of Virtual Reality (VR), Augmented Reality (AR) and drone technologies within the HPE classroom. These technologies scaffold on top of the current digital devices and can promote higher-order thinking, increase content inquiry and engagement, and provide new learning opportunities for both face-to-face and remote teaching settings.

Chris Roccisano

[Victoria University](#)

HPE 7-10 ICT

D10

Amaze balls- minor games & wet weather activities

You can never have too many fun minor games and wet weather activities up your sleeve. This session will provide you with loads of activities you can take away and implement immediately in your classes. Eugene is part of our young gun presenter program.

Eugene Pring

[Doncaster Secondary College](#)

PE 5-10 PRAC

D11

Warm-ups, fitness games & game sense activities

Join in a number of fun and exciting games and activities that can be used as warm-ups, fitness games and/or game-sense activities. All games are inclusive, engaging, easy to set up and modifiable to suit the needs of your students. They can be used across a variety of units or sports, and cater for students of all ages and ability levels. If you want to increase your teaching toolbox and introduce fun games and activities to your students, this session is for you!

Airlie Tudhope

[PE Made Easy](#)

PE 5-10 PRAC

D12

Bounce into table tennis with Spinneroos!

Table Tennis is one of the easiest sports to organise in schools and we guarantee your students will have lots of fun through our entry level program, Spinneroos. In this practical session, we will share the ease of delivering a teacher delivered program by going through modified activities using our comprehensive Spinneroos lesson plans and present our user-friendly Spinneroos online resource platform to you! All participants will receive a free online access account to the Spinneroos online platform.

Egon Loh & Alois Rosario

[Table Tennis Australia](#)

PE 5-10 PRAC

REGISTRATION FORM / INVOICE

ABN: 28423617946

Please complete the **registration form and the elective selection sheet and submit via preferred option.**

Cheque payable to Peak Phys Ed can accompany mailed registrations

School/Organisation Details

School/Org Name:	
School/Org Email:	
Mailing Address:	
State:	Postcode:
Acc. Payable Manager's Name:	
Acc. Payable Manager's Email:	
Total \$:	Order No.:

Please note registrations **will not be processed without a school order number provided.** Schools will be invoiced for the conference in 2021 prior to the conference. All schools GST Included in all registration Fees. Pre-service teachers must present a full-time student card upon registration on the day.

Cancellation Policy

If you are unable to attend this event, a replacement delegate may be sent in your place at no extra charge. We do not provide refunds for cancellations made more than 7 days after your registration is received therefore, the invoiced fee remains payable in full. Should you wish to cancel your registration within the 7-day cooling off period, an administration fee of \$75 per delegate (GST inclusive) remains payable. Any cancellation must be made in writing and sent by email. Peak Phys Ed will make available conference resources to any delegate who is unable to attend and who has paid in full. Conference organisers reserve the right to modify the mode of delivery and or cancel specific sessions based on government restrictions at any time. In the event of a pivot to online only in lieu of catering provided on the day, delegates will instead have access to all digital recordings of sessions made for this conference. Refunds are not provided for a change of mode nor a change in the number of delegates to attend once registered and thus all registrations remain payable. Contact information provided will only be for the use of Peak Phys Ed and will not be shared with any other organisation.

DISCOVERY, Australian Physical, Health & Sport Education Conference

Friday 18 February 2022

Melbourne Cricket Ground (MCG) & National Tennis Centre (NTC), Melbourne, Victoria

General information

Please photocopy for additional delegates OR register groups online

Registration Options

Online

www.peakphysed.com.au

Scan & Email

admin@peakphysed.com.au

Mail

PO Box 4033
Balwyn East VIC, 3103

More Info

For Peak Phys Ed events, consultancy, and other services, newsletters and resources check out www.peakphysed.com.au

Delegate One

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Please note the Early Bird rate is not registered by Friday 19 November it is for delegates who have paid by Friday 19 November 2021.

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Delegate Two

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Please note: Early Bird rate only applies to delegates who have **REGISTERED AND PAID** by Friday 19th November, 2021.

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Delegate Three

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Please note: Early Bird rate only applies to delegates who have REGISTERED AND PAID by Friday 19th November, 2021.

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Delegate Four

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Please note: Early Bird rate only applies to delegates who have REGISTERED AND PAID by Friday 19th November, 2021.

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Delegate Five

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Please note: Early Bird rate only applies to delegates who have REGISTERED AND PAID by Friday 19th November, 2021.

Delegate Six

Please ensure you have approval from your school before registering and read the cancellation policy

First name:	Surname:
Email:	
Special Dietary Requirement:	

Please tick only one box per delegate		
Delegate Early Brid (Paid prior to Friday Nov 19, 2021)	\$400	☒
Delegate (Paid after Friday Nov 19, 2021)	\$450	☒
Pre-service teachers	\$150	☒

Select three preferences per sessions			
Session	1 st Pref.	2 nd Pref.	3 rd Pref.
A			
B			
C			
D			

Please note: Early Bird rate only applies to delegates who have REGISTERED AND PAID by Friday 19th November, 2021.